

Sunday

Monday

Tuesday


Wednesday

Thursday

Friday

Saturday

NOVEMBER 2023
THE PRESERVE
 In all things give thanks



<p>10:00 Sunday Good News 10:30 Sit & be Fit. 11:00 Outside Stroll 11:30 Gospel Sing Along 11:30 Corn hole Game 1:00 Viking Vs Falcons 2:00 Refresh & snack 2:30 Outside Sunshine 3:00 Reminiscing w/Friends 5:00 Art & Craft 6:00 Refreshment coffee/biscuit</p> <p style="text-align: right;">5</p>	<p>10:00 Lower Body workout 10:30 Senior trivia 11:00 Outside Stroll 11:30 What Do You see? 11:30 Funny picture/Words 1:00 Art & Craft/puzzles 2:00 Refresh & Relax 2:30 volleyball 3:00 music & movement 5:00 Folding & Sorting 6:00 Table Games</p> <p style="text-align: right;">6</p>	<p>10:00 Upper Body workout 10:30 Painting with a twist 11:00 Musical Therapy-live 11:30 Family Feud 11:30 Outside Stroll 1:00 Art & Craft/puzzles 2:00 Brain Quest 2:30 Refresh & Relax 3:00 Karaoke w/Staff 5:00 Folding & Sorting</p> <p style="text-align: right;">7</p>	<p>Beauty Salon OPEN</p> <p>10:30 Parachute Ball 11:00 Outside Stroll 11:30 Sing Along w/Susie 11:30 UNO 1:00 Art & Craft/puzzles 2:00 Baking some/Cin Rolls 2:30 Outside Sunshine 3:00 Karaoke w/Staff 5:00 Folding & Sorting 6:00 Teatime- Peppermint</p> <p style="text-align: right;">1</p>	<p>10:00 Chair Exercise 10:30 Jewelry Making 11:00 Outside Stroll 11:30 Word Searching 1:00 Art & Craft/puzzles 2:00 Making Fresh Donut w/friends. 2:30 Outside Sunshine 3:00 Current Event 5:00 Folding & Sorting 8:00 Titans V Steelers late night</p> <p style="text-align: right;">2</p>	<p>10:00 Music & Stretch 10:30 Table Games 11:00 Outside Stroll 11:30 Jukebox-Country 1:30 Scenic Ride-August 2:00 Who are the Dallas Cowboys? 2:30 Outside Sunshine 3:00 Karaoke w/Staff 5:00 Folding & Sorting 6:00 Refreshment coffee/Tea</p> <p style="text-align: right;">3</p>	<p>10:00 Balloon Swat 10:30 Daily Buzz 11:00 Outside Stroll 11:30 Sing Along w/Susie 1:00 Art & Craft/puzzles 2:00 Table Games 2:30 Relax & Snack 3:00 Bingo 5:00 Folding & Sorting 6:00 Popcorn Popin- Funny</p> <p style="text-align: right;">4</p>
<p>10:00 Sunday Good New 10:30 Chair Exercise 11:00 Gospel Sin along 11:30 Religious Service 11:30 UNO 1:00 Art & Craft/puzzles 2:00 Refresh & Snack 2:30 Outside Sunshine 3:00 Word Searching. 5:00 Folding & Sorting 6:00 Refreshment coffee/Muffin</p> <p style="text-align: right;">12</p> <p style="text-align: center;">Diwali (Hindi)</p>	<p>10:00 Bean Bag Toss 10:30 National Sport Fan Day Wear your Shirt. 11:00 Outside Stroll 11:30 Music & movement 1:00 Garden Tending 1:00 Art & Craft/puzzles 2:00 Refresh & Snack 2:30 Outside Sunshine 3:00 Wii bowling 5:00 Bible Stories 6:00 Evening Stroll/music</p> <p style="text-align: right;">13</p>	<p>10:00 Volleyball 10:30 Sensory Suprise 11:00 Outside Stroll 11:30 Music & Movement 11:3 Brain Quest 1:00 Puzzles/Games 2:00 Relax & Snack- Fruit cup. 2:30 Outside Sunshine 3:00 Art & Crafts 5:00 Folding & Sorting 6:00 Documentary-Run for the Dream</p> <p style="text-align: right;">14</p>	<p>10:00 Cornhole w/friends 10:30 Brian Teaser 11:00 Outside Stroll 11:30 Reminisce- Fill the Plate 11:30 Jukebox-60 1:00 Art & Craft/puzzles 2:00 Making Pilgram hat Cookies. 2:30 Outside Sunshine 3:00 Music and dance 5:00 Folding & Sorting</p> <p style="text-align: right;">15</p>	<p>10:00 Upper Body Exercise 10:30 Table Games w/Staff's 11:00 Outside Stroll 11:30 Jukebox Music- MJ 1:00 Art & Crafts-Pilgrim Hat 2:00 Snack/Relax-Pumkin Shake 2:30 Word Searching 3:00 Historical Trivia 5:00 Folding & Sorting 6:00 Evening Stroll/music</p> <p style="text-align: right;">16</p>	<p>10:00 Bowling w/friends 10:30 Making Gratitude Tree-What you are grateful for? 11:00 Outside Stroll 11:30 The Price is right. 1:00 Outside Sunshine 2:00 Music & Movement 2:30 Refresh & Relax 3:00 What's in this Purse. 5:00 Folding & Sorting 6:00 Evening Snack/Hot Coco</p> <p style="text-align: right;">17</p>	<p>10:00 Bean Bag Toss 10:30 Stories Telling 11:00 Outside Stroll 11:30 Matching Games 11:30 UNO 1:00 Art & Craft/puzzles 2:00 refresh & relax. 2:30 Outside Sunshine 3:00 Hot Potato 5:00 Folding & Sorting 6:00 Documentary-The Simone Biles Story</p> <p style="text-align: right;">18</p> <p style="text-align: center;">Veterans Day Remembrance Day (Canada)</p>
<p>10:00 Sunday Good News 11:00 Religious Service 11:30 Pretty Nail/Massage 11:30 Crafty Creation 1:00 Outside Stroll 2:00 Coffee Clutch 2:30 Refresh & Relax 3:00 Basketball Toss 5:00 Evening Stroll/Games</p> <p style="text-align: right;">19</p>	<p>10:00 Basketball Toss 10:30 laugh Out Loud Animal Funny 11:00 Outside Stroll 11:30 Guess That President 1:00 Music & Movement 1:00 Art & Craft/puzzles 2:00 Refresh & Relax 2:30 Outside Sunshine 3:00 Balloon Swat 5:00 Folding & Sorting 6:00 Popping Poppin-</p> <p style="text-align: right;">20</p>	<p>10:00 Bean Bag Toss 10:30 Pretty nail/Hands massage 11:00 Outside Stroll 11:30 Stories Telling w/staff. 11:30 What's in this Box? 1:00 What Start with C for Thanksgiving 2:00 Daily Buzz w/Doug 2:30 Volleyball/games 3:00 Refresh & Relax 5:00 Evening Stroll 6:00 Bingo Night w/friends</p> <p style="text-align: right;">21</p>	<p>10:00 Sit & be Fit. 10:30 What are some Thanksgiving Phrases? 11:00 Outside Stroll 11:30 Cornhole w/friends 11:30 Bingo/ Horoscopes 1:00 Crafty Creation 2:00 Buffalo- Live Music family Day 3:00 Relax & Chat 5:00 Folding & Sorting 6:00 Popcorn Popin-An Old-Fashioned Thanksgiving</p> <p style="text-align: right;">22</p>	<p>HAPPY THANKSGIVING</p> <p>10:30 Sit & Stretch 11:00 Outside Stroll/ Watching the Thanksgiving Parade 11:30 Trivia Fun/ Word Games 1:00 Art & Craft/puzzles 2:00 "I am Thankful For. Snack & Chat 2:30 Outside Sunshine 3:00 Water painting 5:00 Folding & Sorting 6:00 Reminiscing w/Staff's</p> <p style="text-align: right;">23</p> <p style="text-align: center;">Thanksgiving Day (US)</p>	<p>10:00 Noodle ball 10:30 Poetry Reading 11:00 Outside Stroll 11:30 Sing Along w/Susie 11:30 Chat Pack 1:00 Art & Craft/puzzles 2:00 Relax & Chat 2:30 Outside Sunshine 3:00 music & movement 5:00 Scenic Ride-Night of Light 6:00 Popcorn Popin- Miracle on 34th Street- 1947 classic</p> <p style="text-align: right;">24</p>	<p>10:00 Chair Zumba 10:30 Fill in the Blank 11:00 Outside Stroll 11:30 Sing Along w/Susie 11:30 UNO 1:30 Music Therapy-Live 2:00 Relax & Snack-Trail Mix 2:30 Outside Sunshine 3:00 10:00 Bean Bag Toss 10:30 National Sport Fan Daywear your Shirt 11:00 Outside Stroll 11:30 Sing Along w/Susie</p> <p style="text-align: right;">25</p>
<p>10:00 Chair Exercise 10:30 Bible Stories 11:00 Outside Stroll 11:30 Gospel Sing Along 1:00 Art & Craft/puzzles 2:00 Anchor Church-Live 2:30 Outside Sunshine 3:00 Popcorn Ready/Reminiscing 5:00 Buffalo Bills Vs Eagles</p> <p style="text-align: right;">26</p>	<p>10:00 Chair Zumba 10:30 Our daily Bread 11:00 Outside Stroll 11:30 Music & Movement 11:30 Checker/painting 1:00 Art & Craft/puzzles 2:00 The Grand Ole Opry 2:30 Outside Sunshine 3:00 Refresh & Relax 5:00 Folding & Sorting 6:00 Documentary-Stories We Tell</p> <p style="text-align: right;">27</p>	<p>10:00 Bean Bag Toss 10:30 Giant Jenga 11:00 Outside Stroll 11:30 Sing Along w/Susie 11:30 UNO 1:00 Art & Craft/puzzles 2:00 Refresh & Relax 2:30 Outside Sunshine 3:00 Karaoke w/Staff 5:00 Folding & Sorting 6:00 Relax/Evening Stroll</p> <p style="text-align: right;">28</p>	<p>10:00 Bean Bag Toss 10:30 Pretty Nail/Massage 11:00 Outside Stroll 11:30 Coffee & Clutch time 1:00 Movin & Grooving 2:00 Happy Birthday- Cake & Ice Cream social 2:30 Outside Sunshine 3:00 Word Searching 5:00 Folding & Sorting</p> <p style="text-align: right;">29</p>	<p>10:00 Bean Bag Toss 10:30 Likie Stories 11:00 Outside Stroll 11:30 Abstract Painting 11:30 Tabletop games 1:00 Music & Movement 2:00 Refresh & relax. 2:30 Cornhole 3:00 Famous Faces 5:00 Folding & Sorting 6:00 Evening Stroll/Snack</p> <p style="text-align: right;">30</p>	<p>11/6 Pet Therapy- Theater @ 11:00 11/7 Music Therapy @11:30 11/9 Music w/Laura-Live @ 2pm 11/13- Nation Sport day- Wear Your Team! 11/24 Night of Light 5pm 11/25 Music Therapy-Live 1:30 11/26-Anchor Faith Church 2:00 11/27-Pet Therapy-Theater 11/29 Happy Birthday-Social</p> 