

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2022

It is not how we give but how much love we put into giving. -Mother Teresa. Happy Holidays!

<p>National Cookie Day 10:00 Total Body Fitness 10:30 Coffee Clutch/Friend 11:00 Bibles Stories 11:30 Wii bowling 1:00 Meditation/Stroll 1:30 Finish the Saying 2:00 Hydration Station/Snack 3:00 Courtyard Stroll 5:00 Checker w/Friend</p> <p>4</p>	<p>10:00 Chair Exercise 10:30 Hangman/Puzzles 11:00 Current Event 1:00 Courtyard Stroll 1:30 Fact & Fiction 2:00 Milkshake Monday 3:00 Uno w/Friends 5:00 Meditation /Stroll 6:00 Devotional Reading</p> <p>5</p>	<p>10:00 Total Body Fitness 10:30 Senior Trivia 11:00 Jukebox Favorites 1:00 Men Day/Juice It Up 1:30 Luis Abella- Christmas dance (Kids)-Live 2:00 Hydration Station/Snack 3:00 Cornhole/Music 5:00 Dogs & Cats Funny</p> <p>6</p>	<p>10:00 Chair Exercise 10:30 Inside Volleyball 11:00 Current Event 1:00 Courtyard Stroll 1:30 Now and Then 2:00 Massage/Nails 3:00 Sing Along 5:00 Puzzles 6:00 Coffee Clutch w/friends</p> <p>7</p>	<p>10:00 Drum Exercise 10:30 Christmas Bingo 11:00 Funny Babies 1:00 Courtyard Stroll 1:30 Puzzle/Games 2:00 Hydration Station/Snack 3:00 Ring Toss 5:00 Reminiscing 6:00 Night Current Event</p> <p>8</p>	<p>10:00 Chair Exercise 10:30 Joy in Toss 11:00 Current Event 1:00 Courtyard Stroll 1:30 Funny Cat Trick 2:00 Scenic Ride- Downtown 3:00 Bean Bag Toss 5:00 Word Searching 6:00 Popcorn Poppin-It is wonderful Life</p> <p>9</p>	<p>10:00 Chair Exercise 10:30 Wii Bowling 11:00 Current Event 1:00 Courtyard Stroll 1:30 World's Funniest Video 2:00 Men Devotional Quote 3:00 Noodle Ball 5:00 Checker/Card Games 6:00 Popcorn Poppin-A Christmas Carol</p> <p>10</p>
<p>10:00 Chair Exercise 10:30 Name That Tune 11:00 Current Event 1:00 Courtyard Stroll 1:30 Karaoke 2:00 Anchor Fair-Live 3:00 Bean Bag Toss 5:00 Word Searching 6:00 Popcorn Poppin-Wooden Soldiers</p> <p>11</p>	<p>10:00 Parachute Exercise 10:30 Hydration Station/Donuts 11:00 Pet Therapy- Mary Ann 1:00 Creative Art & Music 1:30 Courtyard Stroll 2:00 Christmas Sing Along 3:00 Food Trivia 5:00 Reminiscing</p> <p>12</p>	<p>10:00 Morning Stretch 10:30 Flower Arrangement 11:00 Sing Along 1:00 Courtyard Stroll 1:30 Puzzle/Games 2:00 Hydration Station/Snack 3:00 Pet Therapy 5:00 Reminiscing</p> <p>13</p>	<p>10:00 Chair Exercise 10:30 Balloon Swat 11:00 Current Event 1:00 Courtyard Stroll 1:30 What in the Box? 2:00 Daily Devotions w/Family 3:00 Folding & Sorting 5:00 Chat Pack 6:00 Meditation Music</p> <p>14</p>	<p>10:00 Anytime Fitness 10:30 We Got Mail/w friends 11:00 Creative Art-Stocking 1:00 Courtyard Stroll 1:30 Meditation Music 2:00 Hydration Station/Snack 3:00 Inside Volleyball 5:00 Word Searching 6:00 Popcorn Poppin-Deck the Hall</p> <p>15</p>	<p>10:00 Chair Exercise 10:30 Inside Volley 11:00 Current Event 1:00 Courtyard Stroll 1:30 Puzzle/Games 2:00 Hymn Sing Along 3:00 Massage/Meditation 5:00 Scenic-Ride- Night of light 6:00 Hydration Station/Snack</p> <p>16</p>	<p>10:00 Parachute Exercise 10:30 We Got Mail/w friends 11:00 Karaoke 1:00 Courtyard Stroll 1:30 Ed Taylor & Friends-Live 2:00 Christmas Show..... 3:00 Funny Joke/Pets 5:00 Creative Art & Music</p> <p>17</p>
<p>10:00 Chair Exercise 10:30 Coffee Clutch/w friends 11:00 Bibles Store 1:00 Courtyard Stroll 1:30 Cats and Funny 2:00 Hydration Station/Snack 3:00 Cornhole/Games 5:00 Art &Craft/Music</p> <p>18</p>	<p>10:00 Chair Exercise 10:30 Pretty Nails 11:00 Ugly Sweater Social/music/ Picture Day 1:00 Courtyard Stroll 1:30 Christmas Bingo 2:00 Hydration Station/Snack 3:00 Animal Trivia 5:00 Sorting and Folding</p> <p>19</p>	<p>10:00 Chair Exercise 10:30 Current Event 11:00 Making Christmas Cards 1:00 Courtyard Stroll 1:30 Flower Arrangement 2:00 Christmas Cookies Decorating 3:00 Guess Who? Faces 5:00 Pretty nails 6:00 Popcorn Poppin-The Polar Express</p> <p>20</p>	<p>10:00 Chair Zumba 10:30 We Got Mail/w Friends 11:00 Current Event 1:00 Noodle Ball 1:30 Puzzle/Games 2:00 Hydration Station/Snack 3:00 Fresh bake Rolls 5:00 Ride- Night of Light (MC) 6:00 Meditation/Stroll</p> <p>21</p>	<p>10:00 Chair Exercise 10:30 Current Event 11:00 Noodle Ball 1:00 Inside Stroll 1:30 Laura Gill-Live Christmas Party 2:00 Hydration Station/Snack 3:00 Uno/Connect four 5:00 Meditation 6:00 Popcorn Poppin-The Grinch who stole Christmas</p> <p>22</p>	<p>10:00 Morning Stretch 10:30 Men Day -Juice it Up 11:00 Christmas Karaoke 1:00 Noodle Ball 1:30 Making Snowball 2:00 Hydration Station/Snack 3:00 Creative Art- Gingerbread House 5:00 Christmas Carol- Live 6:00 Show/ Playing the Piano</p> <p>23</p>	<p>10:00 Chair Exercise 10:30 Christmas Trivia 11:00 Pin That Tree 1:00 Move & Grove/Stretch 1:30 Lets' make S'more 2:00 Hydration Station/Snack 3:00 Bible Stories-Christmas 5:00 Art &Craft 6:00 Meditation/Stroll</p> <p>24</p>
<p>Hanukkah Begins 10:00 Chair Exercise 10:30 Christmas Trivia 11:00 Christmas Puzzles 1:00 Noodle Ball 1:30 Christian Sing Along 2:00 Hydration Station/Snack 3:00 Hot Coco/Opening Gifts 5:00 Meditation/Inside Stroll 6:00 Popcorn Poppin Scrooge</p> <p>25</p>	<p>10:00 Chair Exercise 10:30 Basketball Toss 11:00 Creative Art/Music 1:00 Courtyard Stroll 1:30 Puzzle/Games 2:00 Milkshake Monday 3:00 Jukebox Favorites 5:00 Hands massage 6:00 Hydration Station/Snack</p> <p>26</p>	<p>10:00 Balloon Swat 10:30 Current Event 11:00 Flower Arrangement 1:00 Courtyard Stroll 1:30 Puzzle/Games 2:00 Hydration Station/Snack 3:00 Joy in Toss Game 5:00 Evening Move & Grove 6:00 Meditation/Stroll</p> <p>27</p>	<p>10:00 Chair Exercise 10:30 Creative Art & Music 11:00 Current Event 1:00 Courtyard Stroll 1:30 Cornhole 2:00 Ice Cream Social w/family 3:00 Balloon Swat 5:00 Sorting & Folding</p> <p>28</p>	<p>10:00 Drum Exercise 10:30 We Got Mail/w friends 11:00 Parachute w/friends 1:00 Courtyard Stroll 1:30 Senior Trivia/Games 2:00 Hydration Station/Snack 3:00 Creative Art-making hats/Glasses 5:00 Meditation/Stroll</p> <p>29</p>	<p>10:00 Chair Exercise 10:30 We Got Mail/w Friends 11:00 Sorting our Jewelry 1:00 Courtyard Stroll 1:30 Lets travel to Time Square 2:00 Scenic Ride-Carnival 3:00 Funny New Today 5:00 Our daily Bread 6:00 Popcorn Poppin-A Miracle on 34th Street</p> <p>30</p>	<p>10:00 Chair Exercise 10:30 Reminiscing/Trivia 11:00 Karaoke 1:00 Courtyard Stroll 1:30 Puzzle/Games 2:00 New Year's Eve /Family 3:00 Sweet or Sour? 5:00 Jukebox Favorites 6:00 Meditation/stroll</p> <p>31</p>