

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November at its Best-with a sort of delightful menace in the Air. By Anne Bosworth Greene. Chrysanthemum-"mum" pink ,white, yellow and red-Birth flower

10:00 Chair Exercise  
10:30 Coffee Clutch/w friends  
11:00 Current Event  
11:30 Pretty Nails  
1:00 Courtyard stroll  
1:30 Creative Art/Music  
3:00 Puzzle/Games  
5:00 Mediation/Stroll

2 10:00 Chair Exercise  
10:30 We Got Mail/w friends  
11:00 Popcorn Bingo  
11:30 Devotional Reading  
1:30 Fact & Fiction  
1:00 Courtyard stroll  
1:30 Creative Art/Music  
3:00 Sorting what in the Bag  
5:00 Mediation/Stroll

3 10:00 Chair Exercise  
10:30 Coffee Clutch/w friends  
11:00 Current Event  
11:30 Sing Along  
1:00 Courtyard stroll  
1:30 Creative Art/Music  
3:00 Sorting what in the Bag  
5:00 Mediation/Stroll

4 10:00 Chair Exercise  
10:30 Coffee Clutch/w friends  
11:00 Current Event  
11:30 Karaoke  
1:00 Finish the Saying  
1:30 Creative Art/Music  
3:00 Balloon Swat  
5:00 Mediation/Stroll

5 10:00 Chair Exercise  
10:30 Coffee Clutch/w friends  
11:00 Current Event  
11:30 UNO  
1:00 Courtyard stroll  
1:30 Craft Corner/Painting Fruits  
3:00 Devotional Reading  
5:00 Mediation/Stroll

6 10:00 Chair Exercise  
10:30 Coffee Clutch/w friends  
11:00 Current Event  
11:30 Bible Stories  
1:00 Inside Stroll  
1:30 Creative Art/Music  
3:00 Let's Visit ST. Augustine  
5:00 Mediation/Stroll

7 10:00 Chair Exercise  
10:30 Coffee Clutch/w friends  
11:00 Current Event  
11:30 Pet Therapy-MaryAnn  
1:00 Courtyard stroll  
1:30 Creative Art/Music  
3:00 Chat Pack  
5:00 Mediation/Stroll

8 10:00 Chair Exercise  
10:30 Coffee Clutch/w friends  
11:00 Current Event  
11:30 Inside Volleyball  
1:00 Courtyard stroll  
1:30 Creative Art/Music  
3:00 Honeymooners  
5:00 Mediation/Stroll

9 10:00 Chair Exercise  
10:30 Coffee Clutch/w friends  
11:00 Flower Arrangement  
11:30 Sing Along  
1:00 Courtyard stroll  
1:30 Creative Art/Music  
3:00 Sorting what in the Bag  
5:00 Mediation/Stroll

10 10:00 Chair Exercise  
10:30 Coffee Clutch/w friends  
11:00 Current Event  
11:30 Cornhole  
1:00 Courtyard stroll  
1:30 Creative Art/Music  
3:00 Let us Visit Connecticut

11 10:00 Chair Exercise  
10:30 Coffee Clutch/w friends  
11:00 Current Event  
11:30 Reminiscing  
1:00 Courtyard stroll  
1:30 Scenic Ride-Carnival Sweet  
3:00 Balloon Swat  
5:00 Popcorn Popping-Movie

12 10:00 Chair Exercise  
10:30 Coffee Clutch/w friends  
11:00 Current Event  
11:30 Sing Along  
1:00 Courtyard stroll  
1:30 Creative Art/Music  
3:00 Basketball Toss  
5:00 Mediation/Stroll

Daylight Saving Time Ends

13 10:00 Chair Exercise  
10:30 Coffee Clutch/w friends  
11:00 Current Event  
11:30 Sing Along  
1:00 Courtyard stroll  
1:30 Creative Art/Music  
3:00 Jewelry Time  
5:00 Mediation/Stroll

14 10:00 Chair Exercise  
10:30 Coffee Clutch/w friends  
11:00 Current Event  
11:30 Hangman/Foods  
1:00 Courtyard stroll  
1:30 Milkshake Monday  
3:00 Reminiscing  
5:00 Mediation/Stroll

15 10:00 Drum Exercise  
10:30 Coffee Clutch/w friends  
11:00 Current Event  
11:30 Creative Art/Music  
1:00 Courtyard stroll  
2:00 Hydration Station/Snack  
3:00 Connect Four/Games  
5:00 Popcorn Poppin-Movie

16 10:00 Total Body Fitness  
10:30 Coffee Clutch/w friends  
11:00 Current Event  
11:30 Let's Make Yarn Ball  
1:00 Courtyard stroll  
1:30 Creative Art/Music  
3:00 Guess Who?  
5:00 Mediation/Stroll/games

17 10:00 Chair Exercise  
10:30 Coffee Clutch/w friends  
11:00 Current Event  
11:30 Pretty Nail/Makeup  
1:00 Courtyard stroll  
1:30 Larry-Guitar-Live  
3:00 Balloon Swat  
5:00 Mediation/Stroll/Painting

18 10:00 Total Body Fitness  
10:30 Coffee Clutch/w friends  
11:00 Current Event  
11:30 Sing Along  
1:00 Courtyard stroll  
1:30 Hydration Station/Snack  
3:00 Word Searches  
5:00 Mediation/Stroll

19 10:00 Chair Exercise  
10:30 Coffee Clutch/w friends  
11:00 Current Event  
11:30 Sing Along  
1:00 Courtyard stroll  
2:30 Music Therapy-Jan Barbour  
3:00 Sorting & Folding  
5:00 Mediation/Stroll

Veterans Day  
Remembrance Day (Canada)

20 10:00 Chair Exercise  
10:30 Coffee Clutch/w friends  
11:00 Current Event  
11:30 Bible Stories  
1:00 Courtyard stroll  
1:30 Creative Art/Music  
3:00 Parachute w/friends  
5:00 Mediation/Stroll

21 10:00 Music & Movement  
10:30 Coffee Clutch/w friends  
11:00 Current Event  
11:30 Sing Along  
1:00 Courtyard stroll  
1:30 Creative Art/Music  
3:00 Recipes Ideas  
5:00 Mediation/Stroll

22 10:00 Chair Zumba  
10:30 Coffee Clutch/w friends  
11:00 Current Event  
11:30 Balloon Swat  
1:00 Courtyard Stroll/Games  
2:00 Hydration Station/Snack  
3:00 Bibles Stories  
5:00 Mediation/Stroll

23 10:00 Anytime Fitness  
10:30 We Got Mail/w friends  
11:00 Current Event  
11:30 Baking Cinnamon  
1:00 Courtyard stroll  
1:30 Creative Art/Music  
3:00 Family Movie  
5:00 Mediation/Stroll

24 10:00 Chair Exercise  
10:30 Coffee Clutch/w friends  
11:00 Current Event  
11:30 Macy's Day Parade  
1:00 Courtyard stroll  
1:30 Creative Art/Music  
3:00 Cats & Dog Funny  
5:00 Mediation/Stroll

25 10:00 Chair Exercise  
10:30 Coffee Clutch/w friends  
11:00 Current Event  
11:30 Sing Along  
1:00 Courtyard stroll  
1:30 Scenic Ride -Downtown  
3:00 UNO/ Puzzles  
5:00 Mediation/Stroll

26 10:00 Chair Exercise  
10:30 Coffee Clutch/w friends  
11:00 Current Event  
11:30 Bible Movies  
1:00 Courtyard stroll  
1:30 Creative Art/Music  
3:00 Parachute w/friends  
5:00 Mediation/Stroll

Thanksgiving Day (US)

27 10:00 Chair Exercise  
10:30 Coffee Clutch/w friends  
11:00 Current Event  
11:30 Water Painting  
1:00 Courtyard stroll  
1:30 Anchor Faith -Live  
3:00 Evening Move& Grove  
5:00 Mediation/Stroll

28 10:00 Chair Exercise  
10:30 Coffee Clutch/w friends  
11:00 Current Event  
11:30 Pet Therapy-Mary Ann  
1:00 Courtyard stroll  
1:30 Ice Cream Social  
3:00 Connect Four  
5:00 Mediation/Stroll

29 10:00 Anytime Fitness  
10:30 Coffee Clutch/w friends  
11:00 Current Event  
11:30 Hangman/Puzzles  
1:00 Courtyard stroll  
1:30 Hydration Station/Snack  
3:00 Christian Sing Along  
5:00 I Love Lucy Show

30 10:00 Drum Exercise  
10:30 Coffee Clutch/w friends  
11:00 Current Event  
11:30 Flower Arrangement  
1:00 Courtyard stroll  
1:30 Creative Art/Music  
3:00 Noodle Ball  
5:00 Mediation/Stroll

# November 2022

## THE PRESERVE